



Health & Safety Top Tips

Working at height

- Have you planned the work properly and identified suitable precautions to make sure work can be carried out safely?
- Have you thought about whether you can avoid working at height by using different equipment or a different work method?
- Can you use equipment that will prevent a fall from happening, such as scaffolding or a mobile elevating work platform?
 - Can you put in place measures to reduce the distance and consequences of a fall should one happen, such as nets, soft landing systems or safety decks?
- Will the weather conditions threaten the health and safety of those carrying out the work?

Have you thought about all the options and are you certain that you are gaining access to height using the safest means possible?